

GUIDELINES AND SCHEME OF EVALUATION FOR THE PART V EXTENSION ACTIVITY COURSES

1. NATIONAL SERVICE SCHEME

A. GUIDELINES

Regular Activities (120 Hours/Year - after working hours of the College) (in Total 240 Hours)

1. **Orientation** (20 hours/Year)

Lectures, Discussion, Field visits, and Audio-visuals etc.,

2. **Campus Work** (30 hours/Year)

Development & maintenance of Spaces like Pond, Ground, Lawn, etc.

3. **Adopted Village** – (Near to the College) (70 hours/Year)

Activities including

- Plantation of Sapling, Blood Donation, Medical Camps, Rallies, and any activity relating to the development of the society, Swachh Bharat Mission and other Government Schemes
- Supporting in construction and maintenance of village streets / drains / sanitary latrines / Cleaning of ponds and wells / Environmental sanitation / Disposal of garbage & composting / Mass immunization / Provision of safe and clean drinking water / etc.
- Protection of monuments / cultural heritage / soil erosion / etc.,
Celebration / observation of important days.

Special Camp (7 days - Residential)

Any kind of social welfare activity may be undertaken in the adopted village for 7 days. All volunteers must stay in the camp site on all 7 days.

B. SCHEME OF EVALUATION

Nature of activity	Evaluation Criteria	Level of Performance	Marks for Each Category		
			Scoring Scheme	Maximum	Total
Regular Activities	Attendance	Up to 50 %	10	30	70
		51 to 75 %	20		
		Above 75 %	30		
	Participation	National Level	20(10 Marks/Event)	40	
		State Level	10 (5 Marks/ Event)		
		University Level	10 (5 Marks/ Event)		
		College Level	20 (2 Marks/ Event)		
Special Camp	Attendance - Maximum Permission of One Day for a volunteer on inevitable circumstances		10	30	
	Conduct		10		
	Based on the Level of Involvement		10		
Total					100

2. NATIONAL CADETS CORP

A. GUIDELINES

Parades as per the Government of India Norms

B. SCHEME OF EVALUATION

Evaluation Criteria	Level of Performance	Marks for Each Category		
		Scoring Scheme	Maximum	Total (Maximum)
Attendance	Up to 50 %	10	30	70
	51 to 75 %	20		
	Above 75 %	30		
Participation	Parade and Involvement	20 (10 Marks/year)	40	
	Social Awareness Programme	15 (5 Marks/Event)		
	Blood Donation	5 Marks		
Camps	CATC		10	30
	National Level Carops & IGC (RDC/TSC)		10	
	'B' Certificate		10	
	RDC & TSC Delhi		20	
Total				100

3. PHYSICAL EDUCATION

A. GUIDELINES

Regular Activities (120 Hours/Year - after working hours of the College) (in Total 240 Hours)

The Physical Education curriculum will develop students' knowledge and skills in physical activities. This base of knowledge and skills in Physical Education is a core component of the wholesome development of an individual. It helps to create a fit citizen of our nation.

Regular Activities will be prescribed by the Physical Director / Faculty i/c of the colleges / University as per the local needs of the institutions.

B. SCHEME OF EVALUATION

Nature of activity	Evaluation Criteria	Level of Performance	Marks for Each Category		
			Scoring Scheme	Maximum	Total (Maximum)
Regular Activities	Attendance	Up to 50 %	10	30	70
		51 to 75 %	20		
		Above 75 %	30		
	Fitness Progression	Flexibility, Strength & Endurance	From Semester I to Semester IV	15	25
	Participation	Regular physical activities, games/sports & Intramural sports, health awareness activities, conferences/seminars etc.		25	
Involvement in organizing sports activities / tournaments/competitions					
Special Camp	Intramural Sports		10	30	
	Intercollegiate / District Level		20		
	Inter-University/State Level & Above		30		
Total				100	

4. YOUTH RED CROSS

A. GUIDELINES

Regular Activities (120 Hours/Year - after working hours of the College) (in Total 240 Hours)

1. Orientation (20 hours/Year)

- Lectures
- Discussion
- Field visits, and Audio-visual aids etc.,

2. Campus Work (100 hours/year)

- Awareness programme on Disaster Management and First aid (20 Hrs/year)
- Intramural Competition (20 Hrs/year)
- Tree plantation and other Activities of Environmental Concern (20 Hrs/year)
- Rallies,
- Blood donation / identification, camps and Personality Development Programme camp (20 Hrs/year)
- Celebration / observation of Important days (20 Hrs / year)

B. SCHEME OF EVALUATION

Nature of activity	Evaluation Criteria	Level of Performance	Marks Marks for Each Category		
			Scoring Scheme	Maximum	Total (Maximum)
Regular Activities	Attendance	Up to 50 %	10	30	70
		51 to 75 %	20		
		Above 75 %	30		
	Participation	University Level	10 Marks / Event	40	
		College Level	5 Marks / Event		
Special Camp	National Level -YRC Study Camps / Cultural Activities		20 / Event	30	
	State Level - YRC Study Camps/ Cultural Activities		15 / Event		
	Zonal Level - YRC Study Camps/ Cultural Activities		10 / Event		
Total					100

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