

FACULTY PRESENT:



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EDUCATIONAL QUALIFICATIONS:

- **M.Sc.** in Psychology, 2004, University of Madras, Chennai.
- **M.Phil.** in Psychology, 2007, University of Madras, Chennai.

AREA OF EXPERTISE:

- Human Resource Development
- Counselling
- Human Relations
- Emotional Intelligence
- Personality Development

AWARDS, ACTIVITIES AND ACHIEVEMENTS:

1. Qualified State Eligibility Test (SET - 2006) conducted by Bharathiar University, Coimbatore in 2006.
2. Awarded **Best Paper** for the Research paper titled “**Global Well Being in Relation to Yoga Practice**” in the 10th International Conference of Indian Academy of Applied Psychology on “**Innovative Dimensions of Applied Psychology: Counseling for Development**” from February 16 to 18, 2006.
3. **Special Lectures** on Career Guidance, organised by the Department of Youth Welfare, Manonmaniam Sundaranar University, during 2008.
4. Organised 9 Special Lectures at the Department, inviting experts from various fields, during between 2007 and 2008.
5. **Jury** for the event, **Best Manager**, in **COMMANO 2008 – An Inter-Collegiate Programme** held on 19 March 2008.
6. **Jury** for the event, **Scientific Session, COMMANO 2008 – An Inter-Collegiate Programme** held on 19 March 2008
7. **A Special Lecture on Stress Management**, on 24 November, 2008 for the Research Scholars of Department of Economics, M. S. University.
8. **A Special Lecture on “The Psychology of Adolescents and Children with Hearing Impairment”** was presented to the College Lecturers of Mano Colleges, at Tuticorin in the one day workshop organized and sponsored by MGR Janaki Educational Trust, held on 7th of March 2009

NATIONAL & INTERNATIONAL MEMBERSHIP IN PROFESSIONAL BODY:

- **Life Member, Indian Academy of Applied Psychology (IAAP), 2008.**

PUBLICATIONS:

1. “**Global Well Being in Relation to Yoga Practice**” published at the Madras Psychology Society, India in 2006.
2. “**Emotional Competence Scale – Further Empirical Evidence**” article accepted for publication in the Journal of Psychological Researches.

PAPERS PRESENTED:

1. Presented Paper under the title, “Self-Esteem of Working and Non-Working Adolescent Boys” at the National Seminar on “**Health Psychology: Retrospect and Prospects**” on 29 March 2005, at Haryana, India.
2. Presented a paper titled, “**A study on the Personality Patterns of Working and Non-Working Indian Sample**” in the National Seminar on “**Psychological Perspectives of Current Social Issues**” held during 31 March and 1 April 2008.

RESEARCH WORKS DONE IN PSYCHOLOGY:

1. Assessment of Human Relations Skills and Functions of Human Resource Professionals
2. Self-Esteem of Working and Non-Working Adolescent Boys
3. Adjustment profile of the Institutionalized Juvenile Delinquent Boys
4. Health Policies & Practices in Institute of Social Defence for Juvenile boys.
5. Global Well Being of Practitioners and Non-Practitioners of Yoga

PROFICIENCY IN STATISTICAL SOFTWARE PACKAGES:

1. Statistical Package for Social Sciences (SPSS Version 11 & 13)
2. Statistica
3. Visual PLS
4. G Power (Version 3)

PROFESSIONAL EXPERIENCE:

- **Psychological Testing Officer**, Juvenile Guidance Bureau, Chennai, between May 2003 and December 2005.
- **Research Assistant, UGC Project** titled “**Assessment of Spirituality**”, Department of Psychology, University of Madras, Chennai, from January 2005 to December 2005.
- **Faculty**, Psychology, MSAJ College of Physiotherapy, Chennai, in 2005.
- **Psychologist, Cancer Institute**, Chennai, Between February and August 2006
- **Faculty**, Psychology, Sri Venkateswara College of Nursing, Chennai, during 2007.
- **Head-in-Charge**, Department of Psychology, Manonmaniam Sundaranar University, since July, 2008.
- **Member, Adhoc Board of Studies** in Counselling Psychology, Manonmaniam Sundaranar University, during 2008.
- **Member, Selection Committee**, Department of Psychology, Manonmaniam Sundaranar University, during 2008.
- **Member, Committee for the conduct of Civil Services Coaching Classes**, Manonmaniam Sundaranar University, during 2008.

PARTICIPATION IN SEMINARS/WORKSHOPS/CONFERENCES:

INTERNATIONAL

- 10th International Conference of Indian Academy of Applied Psychology on “**Innovative Dimensions of Applied Psychology: Counselling for Development**” during February 16 and 18, 2006
- The 12th International and 43rd National Conference of the Indian Academy of Applied Psychology, 2008, held at Kolkata, 7, 8 & 9 February 2008.

NATIONAL

- Workshop on “**HR Assessment Techniques**” at University of Madras, Chennai, held on November 2003.
- Workshop on “**Research in Psychology – Methodological Perspectives**” at University of Madras, Chennai, on 7, 8 and 9, January 2004.
- National CME on Paediatric NeuroPsychology, organized by Kanchi Kamakoti Childs Trust Hospital, Chennai, held on 16 August 2004.
- National Workshop on “**Changing Lifestyles and Health Hazards – Counselling for Youth**” at Rajiv Gandhi National Institute of Youth Development, Chennai, from 11 to 13 April 2007.
- National Seminar on **Psychological Perspectives of Current Social Issues**, at the Department of Psychology, Annamalai University, Annamalai Nagar, held during 31 March and 1 April, 2008.

- Workshop on **Instrument Development and Theory Building in Business Research**, at PSG Institute of Management, Coimbatore, 28 & 29 March 2008.
- UGC National Seminar on **“Psychology: Promoting Corporate Excellence”** held at the University of Madras, Chennai, on 1st and 2nd February, 2008.
- National Workshop on **“Current Issues in Practicing Psychology”** at Annamalai University, Annamalai Nagar, on 20th and 21st October 2008.
- Two day National Level Workshop on **“Achieving Excellence in Research Endeavor”** held at PSG Institute of Management, Coimbatore, on 5th and 6th of December 2008.
- Two Day National Seminar on **“Psychological Approaches for Organisational Development”** organized by University of Madras, on 27th and 28th of February 2009